Starting Formation
- Section 1 (8 beats)
- Section 2 (8 Beats)
- Section 3 (8 Beats)
- Section 4 – must reflect your formation (8 Beats)

Consider – how are you getting your message across with your formation and actions

Travel Section
- Section 5 (8 or 12 beats)

Consider; Unison or cannon, levels, the message you are trying to get across

Ending Formation
- Section 6 (8 Beats)
- Section 7 (8 Beats)
- Hold finishing position (8 Beats)

Consider: timing, levels, speed, cannon, directions, message and expression