**EQUIPMENT**

- Two gym benches
- Floor spots
- Two soft dodgeballs

**GAME RULES**

- Your team must stay on your half of the pitch.
- When you get a ball you can move anywhere in your half and attempt to roll the ball across and hit the bench behind the other team to win one point.
- When the other team roll the ball at your bench you must try and defend your bench.
- One point each time you hit the bench.

**LEARNING THEME**

- When you have the ball - move forward to attack!
- When you don't have a ball move back quickly to defend your bench.
- Can your team roll the balls together to help create space in which to attack?
- When defending can you get your body in line and behind the ball?